

## **Cairo P. Rocha, OMD, Ph.D.**

### **Personal Details**

**Date of Birth:** October 20, 1954  
**Nationality:** Brazilian  
**Languages:** English, Portuguese, Japanese, French, German, Spanish, Italian

### **Employment**

**1997-** **Palms Therapeutic Centre, Nassau, Bahamas**  
Private practice in acupuncture and other complementary healing therapies

**1993-97** **Instituto Yang de EducaÁao e Pesquisa, Brasilia, Brazil**  
Managed School's acupuncture, shiatsu and moxibustion clinic

**1990-93** **Oriental Medicine Therapist, Brasilia, Brazil**  
Private practice

**1984-87** **Acupuncturist, Japan**  
Private practice in several Japanese clinics

### **Teaching Positions**

**2001-** **Faculty Member**  
University of Natural Medicine, Santa Fe, New Mexico

**1993-97** **Director, Teacher, Co-ordinator**  
Instituto Yang de EducaÁao e Pesquisa (now Instituto de Naturologia Chi Po), Brasilia, Brazil. Developed and supervised implementation of new curriculum in acupuncture, shiatsu and moxibustion

## Degrees

- 2004**                    **Ph.D., Natural Health Sciences**  
University of Natural Medicine, Santa Fe, New Mexico
- 1986-87**                **Doctor of Oriental Medicine (OMD)**  
Tokyo Acupuncture Moxibustion and Jusei College, Tokyo,  
Japan. Best Student Award
- 1970-72**                **Law Degree**  
AssociaÁao de Ensino Unificado do Distrito Federal  
(AEUDF), Brasilia, Brazil

## Diplomas and Certifications

- 2002**                    **Acupuncture and Allergies**  
Nambudripad's Allergy Elimination Techniques (NAET),  
Los Angeles, California
- 2001**                    **Feng Shui**  
Lillian Too Seminars, Boston, Massachusetts
- 2000**                    **Yamamoto New Scalp Acupuncture**  
New England School of Acupuncture, Boston,  
Massachusetts
- 1998**                    **Certified Hypnotherapist**  
National Guild of Hypnotists, Merrimack, New Hampshire
- 1998**                    **Hypnosis: Through Time into Healing**  
Dr. Brian Weiss, Sanibel, Florida
- 1998**                    **Traditional Chinese Medicine**  
Master's Class in Gynecology, Blue Poppy Press,  
Baltimore, Maryland
- 1997**                    **Acupuncture**  
'Treating Complex Conditions,' Blue Poppy Seminars, Ft.  
Lauderdale, Florida
- 1991**                    **Chi Nei Tsang Healing Hands**  
Findhorn Foundation, Forres, Scotland
- 1989**                    **Massage: A Healing Art**  
Findhorn Foundation, Forres, Scotland
- 1989**                    **Apprenticeship in Healing and Wholeness**  
Findhorn Foundation, Forres, Scotland
- 1988**                    **Plantes Medicinales**  
Association UnitÈ et Bien tre, Montignac, France
- 1985-87**                **Ryodoraku Electric Acupuncture**  
Gotoh Acupuncture Moxibustion and Seitai, Yokohama,  
Japan

- 1985-87**            **Acupuncture and Chiropractic**  
Yushima Acupuncture Clinic, Tokyo, Japan
- 1985-86**            **Acupuncture Clinic Management**  
Nine Needles Clinic, Tokorozawa, Japan
- 1984-85**            **Acupuncture and Shiatsu**  
International Institute of Oriental Medicine, Tokyo, Japan
- 1979**                **Do-in Acupressure**  
Instituto Opus, Brasilia, Brazil

### Seminars, Workshops and Speaking Engagements

- 2002-3**            **Emotions and Chinese Medicine**  
National Guild of Hypnotists' Annual Conventions,  
Nashua, New Hampshire
- 1998**                **Acupuncture: A Healing Art**  
St Andrew's School Parent-Teacher Association, Nassau,  
Bahamas
- 1997**                **Facets of Chinese Medicine**  
The College of The Bahamas, Nassau, Bahamas
- 1997**                **Feng Shui**  
The Rotary Club, Nassau, Bahamas
- 1996**                **Guest Speaker**  
Congresso Internacional de Acupuntura/Medicina Oriental,  
Sao Paulo, Brazil
- 1994**                **Chinese Medicine Seminar Series**  
Bristol Cancer Help Center, England
- 1994**                **Guest Speaker**  
Congresso Brasileiro de Terapias Naturais, Florianopolis,  
Brazil
- 1990-97**            **Oriental Medicine Seminars**  
Conducted throughout Brazil

### Research and Publications

- 2002**                **Author**  
*Anger Goes Up, Fear Goes Down: Emotions and the  
Hidden Link.*  
Book published by Media Publications, Nassau, Bahamas
- 1997-**                **Author**  
Numerous articles on Traditional Chinese Medicine, *The  
Nassau Guardian*, Nassau, Bahamas. (Ongoing)

**1986**

**Researcher**

*Moxibustion in Nervous and Emotional Disorders.*  
Term Project, Tokyo Acupuncture Moxibustion and Jusei  
College, Japan

**Community Projects**

**1996-98**

**Director and Co-ordinator**

'Acupuncture for Poor Communities,' Brasilia, Brazil.  
Provided free treatments to residents of impoverished  
neighbourhoods

**1995**

**Technical Advisor**

'Quality of Life Improvement Project,' Brasilia, Brazil.  
Exposed workers from a government agency to numerous  
natural therapies

**Professional Organisations**

**2002-**

**Member**

British Acupuncture Council (MBAcC)

**1995**

**Director and President**

Instituto Yang de EducaÁao e Pesquisa, Brasilia, Brazil

**1994-2000**

**President**

Natural Therapists' Association, Brasilia, Brazil